

CERTIFICATE

OF PARTICIPATION

This is to certify that

Constance Dufrene

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:54:03

PACE 08:45/km

OVERALL 85 of 149

GENDER 29 of 70

OPEN 15 of 27

23 June 2019, Sun

Date



BoutTime

Signature